

# THE IRONS

## STARTERS

- shredded pork egg rolls** 12  
house smoked pork | roasted corn | cabbage | BBQ sauce
- firecracker shrimp** 12  
thai slaw | asian zing sauce
- crispy point judith calamari** 13  
pappadew | banana peppers | lemon aioli
- tuna tartar\*** 16  
diced tuna belly | sweet soy reduction | green onions  
toasted sesame seeds | fried pita chips
- buffalo chicken dip** 7  
house made pretzels
- mediterranean plate** (V) 12  
hummus | marinated vegetables | naan bread
- potato bites** 10  
house cured bacon | cheddar | roasted garlic paprika aioli
- sriracha herb deviled eggs** 10  
hardboiled egg whites | whipped sriracha herb yolks
- wings - chicken wings or hog wings** 12  
buffalo | bbq | teriyaki | asian kick | jalapeño honey garlic  
10 chicken or 3 hog wings  
20 chicken or 6 hog wings 22

## SOUPS & SALADS

- crab and andouille chowder** 9  
2018 Award-Winning Chowder
- tomato bisque** 7
- the irons house salad** side 5 regular 7  
iceberg | romaine | cherry tomatoes  
croutons | shredded cheddar | red onions  
chicken +6 salmon +7 shrimp +8
- caesar salad** side 8 regular 12  
chopped romaine | caesar dressing | crouton | shaved parmesan  
chicken +6 salmon +7 shrimp +8
- chopped Cobb salad** (GF) 14  
lettuce | applewood smoked bacon | tomatoes | avocado  
hard boiled egg | grilled chicken  
salmon +7 shrimp +8
- avocado and toasted cashew salad** 14  
mixed greens | goat cheese | sweet potato  
warm bacon vinaigrette

## SANDWICHES

*All sandwiches served with fries or coleslaw.  
Gluten free bread available upon request.*

- reuben** 12  
traditional corned beef | swiss | sauerkraut  
1000 island dressing
- grilled chicken sandwich\*** 15  
herb pesto | mixed greens | caramelized onions  
roasted red peppers | ciabatta
- classic turkey blt** 13  
applewood smoked bacon | lettuce | tomato
- salmon blt\*** 16  
grilled salmon | bacon | lettuce | tomato  
lemon garlic aioli | sourdough
- beef tenderloin sandwich** 15  
chilled beef tenderloin | roasted tomato pesto | mixed greens  
moody blue smoked blue cheese | ciabatta
- grilled vegetable wrap** (V) 14  
grilled marinated vegetables | mixed greens | goat cheese  
balsamic vinaigrette | flour tortilla
- grown up grilled cheese** 14  
pulled pork | maple smoked cheddar | house-made pickles

## BURGER YARD

*All burgers served with fries or coleslaw. Gluten free bread available upon request.*

- the iron burger\*** 20  
2 - 8oz. patties | house cured bacon | aged cheddar  
truffle leek aioli
- grinnell burger\*** 16  
6oz. grass-fed beef patty | mixed greens | sautéed onions  
roasted red peppers | maple smoked cheddar
- onion bacon compote burger\*** 16  
½ lb. burger | brie | onion bacon compote
- classic\*** 12  
½ lb. burger | lettuce | tomato | onion  
local cheddar, american or swiss +1
- beanie burger** (V) 15  
black bean and sweet potato patty | lettuce | tomato  
onion | spicy aioli

## ENTRÉES

- steak frites\*** (GF) 28  
12 oz. ny strip | herb parmesan truffle fries | bourbon butter
- local feed flat Iron\*** 26  
10 oz. flat Iron steak | grilled vegetables  
smashed roasted garlic potatoes  
revival brewing coffee stout demi glaze
- crispy skin salmon\*** 26  
blistered tomatoes | green beans | wild long grain rice  
white wine pan sauce
- pan-seared cod\*** 18  
wilted greens | blistered tomatoes | citrus beurre blanc
- brown butter bourbon scallops\*** 27  
grilled patty pan squash | cherry tomatoes
- local crispy fish and chips** 17  
coleslaw | irons tartar sauce
- brick chicken** (GF) 22  
roasted potatoes | seasonal vegetables | garlic butter
- pasta florentine** (V) 14  
pappardelle pasta | roasted asparagus | oven roasted tomatoes  
onions | garlic | spinach | baby mozzarella  
chicken +6 salmon +7 shrimp +8
- shrimp tacos** 16  
mixed greens | black beans | roasted corn | avocado | corn tortilla
- wild mushroom risotto** (V) 22  
creamy risotto | truffle oil | asparagus

- roasted vegetable ravioli** 15  
roasted vegetable and ricotta stuffed ravioli | mushroom ragout

## SIDES

- cole slaw** 4
- seasonal vegetables** 6
- gorilla fries** 6
- truffle herb fries** 9
- fried brussels sprouts** 8

*If you have any special dietary restrictions, please ask a member of our service team and we will be happy to accommodate your request.  
\*Menu items are cooked to order, and may not be served raw or undercooked. Consuming raw or undercooked meats, shellfish, poultry, or eggs may increase your chances of contracting food borne illness.*

**Booking a party, wedding, or reunion? Please inquire with a member of our team and it will be our pleasure to arrange a personal consultation and tour of our property.**



made without gluten



vegetarian



## ROTATING LOCAL TAPS 9

Try some great local CT and RI beers right here in the heart of Mystic. All brewed under 70 miles away.

**beer'd brewing** stonington, ct | 4.7 miles  
ask your server what we have on tap from our neighbor in Stonington Village

**outer light brewing** groton, ct | 7 miles  
ask your server what we have on tap from the area's newest brewery right off exit 87

**grey sail** westerly, ri | 11 miles  
ask your server what's fresh from westerly, ri

**cottrell brewing co.** pawcatuck, ct | 7.3 miles  
ask your server what we have on tap from our neighbor in Pawcatuck

**revival brewing co.** cranston, ri | 46 miles  
ask your server what's brewing from across the ct/ri border

**stony creek brewery** branford, ct | 50 miles  
ask your server what we have on tap from this shoreline brewery in branford

**two roads brewing co.** stratford, ct | 70 miles  
ask your server about our current selection from two roads

## FROM EVERYWHERE ELSE

**allagash white** american witbier | me 8

**sam adams** seasonal | ma 8

**guinness** stout | ireland 9

**angry orchard** hard cider | oh 8

**narragansett** american lager | ri 6

**stella artois** pilsner | belgium 8

**seasonals** ask your server  
we leave three taps open to highlight some of the season's best brews

## BEER FLIGHTS 11

**make your own** choose 4 beers

**the route 95** a sampling of 4 local brews

## BEER BY THE BOTTLE

**budweiser** 4

**bud light** 4

**coors light** 4

**miller lite** 4

**michelob ultra** 5

**yuengling** 5

**heineken** 5

**corona** 5

**omission** 5

**o'doul's amber n.a.** 5

## WINE

**white and rose** glass

**villa sandi** prosecco 9

**barone fini** pinot grigio | trentino 9

**kim crawford** sauvignon blanc | marlborough 11

**simi** chardonnay | sonoma 11

**sonoma-cutrer** chardonnay | sonoma 14

**vista point** chardonnay | california 8

**notorious pink** rose | provence 9

**ruffino** rose | prosecco 10

**red** glass

**meiomi** pinot noir | santa maria 14

**gerard bertrand** pinot noir | pays d'oc 9

**estancia** merlot | central coast 10

**sterling vintners** cabernet sauvignon | napa 12

**vista point** cabernet sauvignon | california 8

**the dreaming tree** crush | north coast 10

## SPECIALTY COCKTAILS 12

**irontini**  
deep eddy grapefruit vodka | aperol  
pink grapefruit juice | prosecco

**sun-kissed**  
espolon reposado | strawberry | ginger | lemonade

**life's a beach**  
mount gay black barrel | pineapple | orange juice | vanilla

**pomegranate mule**  
stoli vodka | pom juice | ginger beer | rosemary

**lavender lemonade**  
skyy vodka | lemonade | blueberry lavender syrup

**mystic green tea**  
skyy vodka | bombay gin | bacardi rum | sauza tequila  
midori | blue curacao | orange juice

**kentucky breakfast**  
woodford rye | vermouth | amaro | bitters | mayple syrup

**the heart of mystic** 14  
brockman's gin | st. germain | lime juice | basil | cucumber

**yolo up** 16  
stoli elit | stuffed olives