GOOD MORNING!
Welcome to The IRONS
Our sumptuous breakfast buffet features the following:

NOURISH ME STATION
creamy yogurt
fresh melons | pineapple | strawberries

OATMEAL STATION
warmed organic steel cut oatmeal
brown sugar | raisins | dried cranberries

THE REGIONAL STATION
atlantic smoked salmon
capers | onions | tomatoes

WARM PREPARATIONS
farm fresh scrambled eggs
applewood smoked bacon
pork sausage
buttermilk pancakes
morning potatoes

BAKERY
freshly baked pastries
muffins
croissants
bagels
artisan breads
white | wheat | rye

the complete 15  the continental 10
BREAKFAST BAR

the complete 15
Enjoy our full buffet selection of fruits, cereals, yogurt and fresh baked breakfast breads, hot dishes, juices, coffee or tea. Ask your server about made-to-order eggs and omelettes.

the continental 10
Enjoy our selection of fruits, cereals, yogurts, fresh baked breakfast breads from the buffet, juices, coffee or tea.

BREAKFAST SELECTIONS

heart of mystic* 15
two poached eggs | english muffin | canadian bacon hollandaise | breakfast potatoes or fresh fruit butter poached lobster +8

the hilton classic* 12
two eggs any style | bacon or sausage breakfast potatoes or fresh fruit and toast

egg & veggie wrap* 12
fresh vegetables | scrambled eggs | monterey jack cheese flour tortilla | breakfast potatoes or fresh fruit

stuffed french toast 12
chalah bread | strawberries | bananas warmed vermont maple syrup

buttermilk pancakes 11
plain | blueberry | strawberry | banana | chocolate chip

crispy corned beef hash* 11
two eggs any style atop corned beef hash selection of toast | english muffin | bagel

atlantic smoked salmon 14
ny bagel | red onion | capers | tomato | cream cheese

OMELETTES À LA CARTE

create your three egg omelette 13
choice of fillings
bacon | sausage | ham | onions | peppers | jalapeños mushrooms | tomatoes | baby spinach | olives basil | swiss | american | cheddar | goat cheese with breakfast potatoes or fresh fruit and toast

BAKERVIES | CEREALS | FRUIT | YOGURT

basket of fresh pastries 5
an assortment of fresh baked pastries with butter and jam

mystical fruit bowl 8
fresh fruit and seasonal berries | fruit yogurt seasonal fruit muffin

“nourish me” yogurt + fruit parfait 7
low fat yogurt layered with granola | honey | seasonal fresh fruit

oatmeal 3
raisins and brown sugar
cold cereal selection 3

À LA CARTE

one egg and toast 4
two eggs and toast 6
breakfast potatoes 3
seasonal fresh berries 4
low fat fruit yogurt 4
ham | bacon | sausage | turkey sausage 4
bagel with cream cheese | english muffin | toast 3
fried egg sandwich 6

REFRESHMENTS

selection of assorted tea 3
herbal or black tea

freshly brewed coffee 3
regular | decaffeinated

hot chocolate with whipped cream 3
chilled fruit juice 3

milk 3
whole | skim

* Menu items are cooked to order, and may be served raw or undercooked. Consuming raw or undercooked meats, shellfish, poultry, or eggs may increase your chances of contracting food borne illness.

If you have any special dietary restrictions, please ask a member of our service team and we will be happy to accommodate your request.